

FY24 City of Unalaska Community Support Grant Application Review Summary Sheet

Organization Name: Unalaska Senior Citizens (USC) – Nutrition & Transportation Services

USC is requesting \$4,000 more than amount awarded in FY23.

FY23 Award	Amounts	FY24 Request	Amounts
Program Director (FT)	\$ 19,435.00	Program Director #1 - Salary FT	\$ 18,590.00
Program Director (FT)	\$ 18,590.00	Program Director #2 - Salary FT	\$ 18,590.00
Homemaker (FT)	\$ 1,140.00	Homemaker - Hourly PT	\$ 1,500.00
Payroll and Taxes (9.28%)	\$ 3,802.92	Program Assistant - Vacation Coverage	\$ 1,500.00
Workman's Comp	\$ 1,836.00	Payroll Taxes (8.82%)	\$ 3,543.88
Communications	\$ 450.00	Payroll Fees	\$ 90.00
Congregate Meals	\$ 8,000.00	Communications	\$ 250.00
Congregate Food Services Supplies	\$ 1,150.75	Congregate/Home Delivered Meals	\$ 12,550.00
Transportation Cost	\$ 785.00	Congregate/Home Delivered Meal Supplies	\$ 750.00
Office Supplies	\$ 263.36	Community Outreach Costs	\$ 100.00
Annual Audit	\$ 2,000.00	Auto Costs - Fuel / Maintenance	\$ 1,000.00
Bookkeeping	\$ 5,771.22	Office/Housekeeping Supplies	\$ 490.00
Insurance (General Liability, etc.)	\$ 575.00	Audited Financial Statement / Federal 990 Tax Return	\$ 1,750.00
Community Outreach	\$ 150.00	Bookkeeping	\$ 6,000.00
Insurance, Vehicle	\$ 1,051.50	Dietitian	\$ 440.00
		Insurance	\$ 1,857.00
Total FY23 Award	\$ 65,000.00	Total FY24 Request	\$ 69,000.88

Application Highlights

- USC requests the \$4,000.88 more than requested and awarded in FY23 due to inflation costs. The bulk of this change is Congregate and Meal Delivery Programming.
- The Unalaska Senior Citizens (USC) mission is to provide Nutrition, Transportation and Support services; promote the health and well-being of the senior citizens of Unalaska; assist in their ability to live independently and remain active in the community.
- The Unalaska Senior Citizens serves all senior citizens age 60 and over, specifically targeting those socially and economically challenged.
- In addition to helping the qualifying members of our community, USC extends services to senior citizens visiting from other parts of Alaska and the US. The Congregate Lunch Program is also available to those under the age of 60, at a cost of \$8.00 per meal, to promote interactions with community members of all ages. The benefits of serving lunch five days a week have proven to be multiple, not only are our seniors receiving nutritional meals on a regular basis, but we have seen an increase in their level of participation in all events and improvements to their overall quality of life.
- This request is for the nutrition and transportation program and will fund salaries, facilities, program costs, office supplies and professional services. The nutrition and transportation program is primarily funded through the City of Unalaska Community Support Grant funds and the State of Alaska, with minimal Federal dollars. USC also receives generous donations and contributions from local businesses, other non-profits and local residents.
- Unalaska Senior Citizens has a small but dedicated staff of two full-time Program Directors, a contracted Bookkeeper and a part-time Homemaker. Staff is evaluated annually by the program directors. Since the training

in 2019 there have been changes to our program staffing and Board and we hope to seek out new training opportunities as soon as the pandemic is over.

- **Nutritional Services:** Nutritional Services is the primary service that USC offers. The lunch program assists senior citizens in meeting nutritional needs by providing them with meals five days a week that meets 1/3 of their daily dietary allowance. Meals will be served at the Father Ishmael Gromoff Senior Center at a minimum of 260 days out of the year. Home delivered meals will continue, but the Congregate meal program has re-opened. The meals are prepared and purchased from UniSea Galley at a cost of \$5.00 per meal.
- Unalaska Senior Citizens works closely with other community entities for volunteerism and donations including:
 - **Unalashka Corporation** provides financial support and promotes awareness of the organization and programs available among OC shareholders.
 - **IFHS** provides yearly flu shots and speakers on nutrition, behavioral health and other educational workshops as well as monthly blood pressure and blood sugar checks.
 - **APIA** provides speakers on nutrition, behavioral health and other educational workshops. They offer senior citizens yearly flu shots during the fall months in addition to blood pressure checks. APIA also hosts the Elder Tea event each month.
 - **Qawalangin Tribe** refers Alaska Natives and American Indians to our organization as well as organizes cultural activities, donates food and other in-kind items for gatherings.
 - **USAFV** often coordinates the receipt and distribution of food donations from fishing vessels. They refer people to our organization along with offering educational materials on senior citizen abuse and other issues faced by seniors and their families.
 - **Ballyhoo Lions Club** provides financial assistance to senior citizens in need.
 - **Aleutian Housing Authority** provides Unalaska Senior Citizens with in-kind rent for offices, use of a jointly owned kitchen and the common room for the congregated lunches, craft sessions, lecture/workshops and social gatherings. Donations of labor, free maintenance of the kitchen equipment, upkeep of the common area, electricity and heat are also provided.
 - **UniSea**, a major seafood processing plant, provides meals at a discounted cost of \$5.00 per meal.
 - **Unalaska Community Broadcasting** provides coverage of special events, as well as free advertising of upcoming events and programs taking place for seniors.
 - **PCR** works with USC staff to create programs for senior citizens. The pool has been used by seniors for recreational and fitness activities. The PCR facilities are provided at no cost to the seniors.
- In Kind donations received from:
 - Aleutian Housing Authority, \$5,400
 - OptimERA, \$4,560
 - Volunteer time, \$10,400
 - General Community Support, \$3,250

Goals and Objectives:

- **Goal 1** - To assist senior citizens in meeting their nutritional needs which is essential in sustaining a healthy quality of life and a sense of well-being.
 - **Objective 1.1:** Unalaska Senior Citizens will provide 5,580 meals a minimum of 260 days per year, five times per week to approximately thirty seniors.
- **Goal 2** - Provide transportation to senior citizens who wish to attend the congregated lunches, need to shop, go to the bank, post office, run an errand or require transportation to and from cultural and social events.
 - **Objective 2.1:** Unalaska Senior Citizens will provide assisted and unassisted rides for senior citizens to ensure that their transportation needs are met.

- **GOAL 3** - To develop programs, events and support services and/or provide access to activities and events to the community's aging population to help them remain active, vital independent members of the community. This also encompasses the homemaker roll within our program.
 - **Objective 3.1:** Unalaska Senior Citizens will develop programs to encourage physical activity and social engagement for Unalaska community members 60 and older. These programs would encompass scenic rides around the island and weekly activity days at the senior center.
 - **Objective 3.2:** Unalaska Senior Citizens' staff will refer senior citizens to needed services such as Social Security, Medicare/Medicaid, IRS, Veteran's Administration, Estate, Will and Probate information, developing advanced directives and other needed services.
 - **Objective 3.3:** Unalaska Senior Citizens will provide nutrition education three times throughout the year and informational sessions pertaining to age related health and chronic health issues six times throughout the year succeeding the lunch hour.
 - **Objective 3.4:** Unalaska Senior Citizens will have access to yearly flu shots and monthly preventative health checks for blood pressure during the lunch hour.
 - **Objective 3.5:** Unalaska Senior Citizens will provide light housekeeping assistance when requested to seniors 60 and older.

Application Findings/Other Information:

- Application submitted on time;
- Accounting Review Included; Not Audited. End Year FY21 (Accounts as of June 30, 2021, 2020)
- All application requirements were met. Letters of support are optional;
- All FY23 reporting has been timely and is current.