

FY24 City of Unalaska Community Support Grant Application Review Summary Sheet

Organization Name: Aleutian Pribilof Islands Association (APIA)

APIA is requesting \$10,000 less than FY23

FY23 Award	Amounts	FY24 Request	Amounts
Behavioral Health Clinician (1FTE Salary)	\$91,160.00	Behavioral Health Clinician (1FTE Salary)	\$ 91,160.00
Behavioral Health Clinician (Benefits)	\$36,464.00	Behavioral Health Clinician (Benefits)	\$ 36,464.00
Dues/Fees/Subscriptions	\$1,500.00	Food	\$ 2,000.00
Commodities (Food, office supplies)	\$3,376.00	Office Supplies	\$ 376.00
Travel	\$5,000.00		
Training	\$2,500.00		
Total FY23 Award	\$140,000.00	Total FY24 Request	\$130,000.00

Application Highlights

- **APIA is requesting a total of \$130,000** to meet the staffing needs and targeted activities plan that will have a direct benefit to residents of Unalaska. This is a decrease of \$10,000 from FY23. The difference in cost is the removal of the travel, training, and dues/fees/subscriptions line items.
- Aleutian Pribilof Islands Association, Inc. (APIA) Integrated Health Department, Community Health Services Division provides behavioral health care, community wellness activities, healthy relationship services, youth programs, and eldercare programs services in Unalaska. The most frequently requested services in Unalaska are around substance abuse prevention and treatment, diabetes awareness/access to healthy foods, and services for Elders.
- APIA offers these services at two locations in Unalaska: Oonalaska Wellness Center (OWC) and the APIA Biorka Clinic as well as collaborating with community partners to meet the behavioral health demands in the community.
- A vital part of services in Unalaska includes our behavioral health providers responding to unforeseen crisis situations.
- *Eldercare Program:* Provides an additional resource for local Unalaska Elder residents to remain in their community rather than relocating to a nursing home, thereby reducing psychological and physical distress.
- *Youth Services Program:* With youth-informed programming, we anticipate targeted, peer-driven youth services.
- *Healthy Relationships Program:* The Healthy Relationships Program aims to not duplicate services in Unalaska, rather we want to collaborate with USAFV and enhance outreach and educational efforts to Unalaskans.
- *Administration:* Provides support for and direction of development and expansion of services identified as needed in Unalaska. Harriet Berikoff is the Qawalangin Tribe representative from Unalaska. Our CFO reviews all budget document associated with this award. Also, our Travel Coordinator assists with arranging travel for staff from Unalaska to attend trainings and travel for Anchorage based staff to travel to Unalaska.
- During the FY 2022 grant year, APIA plans to:
 - 1.) Offer well-rounded behavioral health services that align with needs of the entire community.
 - 2.) Enhance prevention and outreach efforts in topic areas that align with community request (e.g., anti-bullying, suicide prevention, and healthy lifestyle choices such as pro-social activities, nutrition/traditional foods, cultural values and safe partner relationships). These events will comply with local mandates related to COVID-19.
 - 3.) Network with community partners in Unalaska to prevent and decrease drug use in the community.

Goals and objectives

- **Goal 1**—APIA will offer well-rounded behavioral health services that align with needs of the entire community.
 - *Objective 1:* APIA will retain Behavioral Health staff in Unalaska that will serve as a point of contact in Unalaska for behavioral health services, which includes the intensive outpatient program (IOP). The IOP is a recovery program for individuals and family members struggling with substance misuse that reside in Unalaska.
 - *Objective 2:* APIA BH will continue to host Alcohol and Drug Information School classes quarterly or as needed. The class will support individuals who are either struggling with addiction, interested in services, or family members who have a loved one that is addicted and may be at a loss for how to help them get help.
 - *Objective 3:* Work closely with IFHS and Public Safety to respond to crisis situations that may arise. This includes providing a psychological assessment, screening for suicidality, and assisting with Title 47s to aid in getting an individual to higher level of care (e.g., Alaska Psychiatric Hospital).
- The anticipated outcome is to decrease feelings of psychological stressors such as social isolation and behavioral challenges such as substance misuse among clients, provide educational opportunities, increase access to health services, and offer robust behavioral health services to meet the needs of Unalaskans. These are ongoing activities.
- **Goal 2** – APIA will enhance prevention and outreach efforts to align with relevant community needs (e.g., anti-bullying, suicide prevention, and healthy lifestyles such as prosocial activities, nutrition /traditional foods, cultural values, and safe partner relationships). APIA will follow all COVID-19 mandates, which may impact a planned activity.
 - *Objective 1:* APIA staff will coordinate with the school, Tribe, USAFV, and other community partners to support educational opportunities for the community.
 - *Objective 2:* APIA will collaborate with community partners to host an annual health fair. If it aligns with the community calendar, we plan to hold the health fair in March. Booths will include a number of health promotion and educational materials.
 - The anticipated impact is that youth, adults, and elders in the community will feel better informed and supported to face some of the health and social concerns they are facing.
- **Goal 3** – Network with community partners in Unalaska to prevent and decrease drug use in the community.
 - *Objective 1:* APIA staff will attend ongoing local community interagency meetings and maintain open dialogue with local organizations.
 - *Objective 2:* In partnership, APIA will host (or co-host) local events specific to the topic identified as pressing needs. A recent example of this includes the Community Action Group.
 - These meetings will continue as long as there is community interest. This will occur throughout the calendar year and comply with pandemic precautions. The anticipated outcome for this goal is to work with community partners to invite individuals and families to voice their ideas and have grassroots, localized plans to address substance misuse in the community.

Application Findings/Other Information:

- Application submitted on time;
- All application requirements were met. Letters of Support are optional;
- All FY23 has been timely and is current.
- No Audit; Statement of Financial Position, Activities, Cash Flows, and Functional Expenses as of FY22 First Quarter (September 30, 2021)